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1 (800) 600 9332  
  
OCONUS Telephone  
Numbers located at "Contact Us"



**What is the TOL Appointment Center?**

The TOL Appointment Center allows you to schedule, view, cancel, or set text and email reminders for primary care and select self-referral specialty appointments at a military hospital or clinic for you and your family.

**What types of appointments are supported by TOL?**

Primary care and select self-referral specialty appointments can be scheduled via the TOL Appointment Center. Please note appointment availability is determined at the military hospital and clinic level. If you cannot find an appointment, please contact your military hospital and clinic directly.

**Can I access appointments on behalf of my family members?**

Yes, you can access TOL appointing capabilities on behalf of:

- Yourself
- Other adult family members (who have granted access)
- Minor children (under 18 years of age)

**Can I set up appointment reminders to alert me of my military hospital or clinic appointment(s)?**

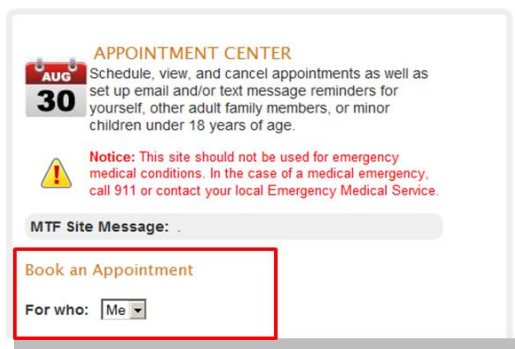
Yes, you have the ability to define up to three email addresses and mobile phone numbers for receiving text appointment reminders for military hospital or clinic appointments. Set reminders when prompted after booking an appointment on TOL, by accessing the TOL "My Profile", or by selecting the "Click here to set-up appointment reminder" hyperlink under future appointments.

# How do I schedule a military hospital or clinic appointment using the TOL Appointment Center?

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1

Go to [www.tricareonline.com](http://www.tricareonline.com) and click “Log In”.

2

Log in with your Premium DS Logon, DoD CAC or DFAS myPay account. If you do not have an account, click “Register”.

3

Visit the Appointment Center located on left of the TOL home page to schedule and or cancel an appointment for yourself or a designated family member.

2



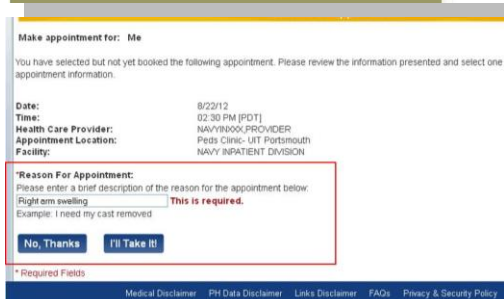
5



4

If you wish to act on behalf of a family member, select the family member from the “**Book an Appointment For Who:**” drop-down list and proceed to step #5. If you wish to book an appointment for yourself, proceed directly to step #5.

6



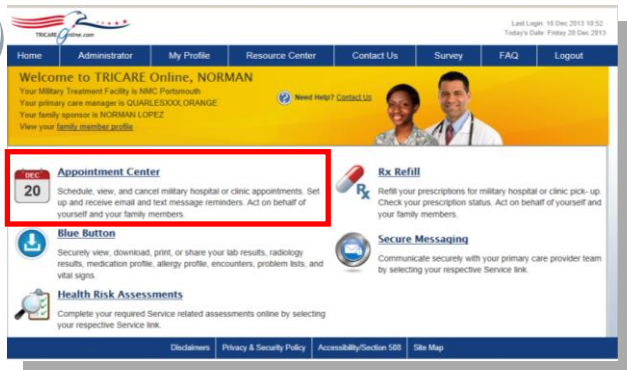
5

Choose an appointment date/time.

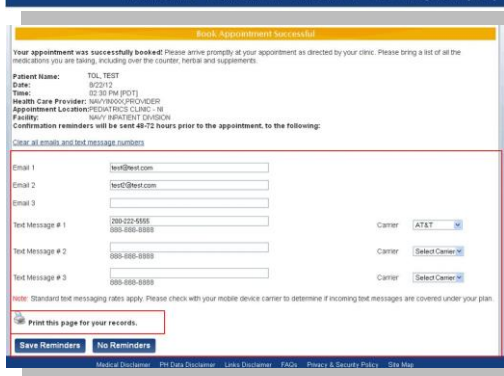
6

Confirm the date, time, provider, and location for the appointment. Enter a reason for the appointment and click “**I’ll Take It!**” button to confirm or “**No Thanks**” button to cancel.

3



7



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\*To set up appointment reminders, enter requested information and click “**Save Reminders**” button. If you do not wish to set reminders, please click “**No Reminders**” button.

**\*You must log in to TOL to correlate reminders for appointments booked at 1) a military hospital/clinic, 2) through the call center or 3) through the Composite Health Care System (CHCS).**